

MENTAL HEALTH NEWSLETTER

October 2019

Featured Story

Mental Illness Awareness Week 2019

[Mental Illness Awareness Week](#) takes place October 6th through the 12th, and World Mental Health Day falls on the 10th of October. During this week as a community we work together to bring down the walls of stigma on mental illnesses through education, while helping those suffering from mental illness know they are not alone.



National Alliance on Mental Illness

The National Alliance on Mental Illness (NAMI) uses this dedicated week in October to bring together mental health advocates across the country as one. NAMI has a [Three Step Plan](#) for being stigma free, that can be found on their website along with other resources and [information on mental health](#) in the country.

[TRAINING: Mental Illness 101](#)

Ohio Department of Mental Health and Addiction Services are providing a great training opportunity for those providers and staff new to mental health in Akron on October 17th. [Register here.](#)

[FORUM: NAMI's 5th Annual Latino Mental Health Forum](#)

This year's NAMI's 5th Annual Latino Mental Health Forum—Conexion Generacional: Cultural and Behavioral Health will take place on October 11th at the University of Toledo. [Register here.](#)

[TRAINING: Mental Health First Aid](#)

Mental Health First Aid trainings are consistently being offered around the state to give the community the skills needed to reach out and provide initial support to someone in need. Here is a list of on-going trainings around Ohio: [Cincinnati](#), [Columbus](#), and [Dayton](#).

[CONFERENCE: Private Psychiatric Inpatient Provider Conference](#)

The Ohio Department of Mental Health and Addiction Services with Recovery Ohio will host this year's Private Psychiatric Inpatient Provider Conference: Transforming Behavioral

[CONFERENCE: Ohio's 2019 Recovery Conference](#)

The Ohio Association of County Behavioral Health Authorities Foundation in partnership with the Ohio Department of Mental Health and Addiction Services will be hosting the [Ohio's 2019 Recovery Conference on October 14th & 15th](#) in Columbus. [Register here.](#)

[E-LEARNING: Ohio Opioid Online Curricula Series](#)

The Ohio Department of Mental Health and Addiction Services sponsored the development of a 23-part online curricula focused on the nature of the addiction, its impact, as well as, treatment and best practices for treating opioid use disorder. Course are FREE and can be accessed on the [e-based academy](#).

[CONFERENCE: 2019 Ohio Cultural Competence Conference](#)

The 2019 OCCC will be hosted at [the Ohio Union on the campus of The Ohio State University on November 1st](#). Conference topics will include cultural humility across substance use prevention, treatment and recovery.

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