

MENTAL HEALTH NEWSLETTER

November 2019

Featured Story

The On Our Sleeves™ Movement



Nationwide Children's Hospital has created the On Our Sleeves™ movement to transform children's mental health. One in five kids have a mental health illness and Nationwide Children's is asking you to join the movement to break the silence around mental illness because children don't wear their thought on their sleeves. [Visit their website](#) for more information on how you can join, partner, and advocate to end mental health stigmas.

TRAINING: OUCH! That Stereotype Hurts: Cultural Competency Training

Prevention Action Alliance is hosting OUCH! That Stereotype Hurts: Communicating Respectfully in a Diverse World on November 7th from 1:00 pm to 4:00 pm for \$50.00, [register here](#).

CONFERENCE: Let's Talk About It: Children's Mental Health

A safe space that promotes dialogue about childhood mental health in Central Ohio. The goals are to educate, find support, resources, and break down stereotypes while building community that supports the mental health needs of children. This event takes place on November 2nd in Columbus from 11:00 am to 1:00 pm. [Register here](#).

TRAINING: Mental Health First Aid

Mental Health First Aid trainings are consistently being offered around the state to give the community the skills needed to reach out and provide initial support to someone in need. Here is a list of on-going trainings around Ohio: [Toledo](#), [Dayton](#), and [Cleveland](#).

CONFERENCE: 2019 Conference on Opiates & Addiction: Partners on the Path to Recovery

The Stark County Mental Health & Addiction Recovery is hosting the 2019 Conference on Opiates & Addiction: Partners on the Path to Recovery on November 13, 2019 from 8:00 am to 4:30 pm in North Canton. The cost is \$20.00, [register here](#).

TRAINING: Coalitions Rising

This one-day conference in Columbus on December 4th is HOSTED by OhioMHAS to bring together community coalitions, behavioral healthcare providers, youth-led prevention groups, and others to equip them with best practices for prevention. [Register here, deadline to register is November 15th](#).

E-LEARNING: Ohio Opioid Online Curricula Series

The Ohio Department of Mental Health and Addiction Services sponsored the development of a 23-part online curricula focused on the nature of the addiction, its impact, as well as, treatment and best practices for treating opioid use disorder. Course are FREE and can be accessed on the [e-based academy](#).

TRAINING: Ohio Infant and Early Childhood Mental Health Consultation Model Staff Trainings

These trainings are designed to support fidelity to the Ohio Infant and Early Childhood Mental Health (IECMH) Model, the Ohio Department of Mental Health and Addiction Services (OhioMHAS) will host a series of staff trainings including December 11th-12th in Bowling Green, January 7th-8th in Akron, and March 11th-12th in Lancaster. To register and for more information [click here](#).

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