

# MENTAL HEALTH NEWSLETTER

February 2020

## Featured Story



The Ohio Commission on Hispanic/Latino Affairs (OCHLA) is pleased to announce the two award-ees of the Latino Mental Health Navigator Grant, which are Our Lady of Guadalupe in Columbus and Su Casa in Cincinnati.

The mental health navigators will work to reduce disparities in availability, accessibility, and quality of behavioral healthcare services for the Hispanic-Latino community. MHNs will work closely with clients and families to provide information on best options and referrals to healthcare professionals, facilities, and organizations specializing in the client's needs, while identifying and targeting structural barriers, promote engagement in behavioral healthcare, and facilitating navigation of systems of care.

## TRAINING

The Ohio Suicide Prevention Foundation is offering a **FREE** Collaborative Assessment and Management of Suicidality (CAMS) training on February 26 in Athens. Participants will learn how to safely recognize, respond to, and treat patients' suicidality. Click [HERE](#) for more information and to register online. Contact Austin Lucas at (614) 429-1528 or [Austin.lucas@ohiospf.org](mailto:Austin.lucas@ohiospf.org).

## CONFERENCE

NAMI Franklin County's Free Family Education Saturday Seminars provide expert speakers on a variety of current and relevant topics to help you understand the mental health care system, how to access resources, and how to navigate the complexities surrounding mental illness. The next seminar is **February 8th at 9:00 am**, [register here](#).

## SHARE



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## TRAINING

The Ohio Department of Education has partnered with Sandy Hook Promise to offer at **no cost** to districts the **Stop School Violence: Threat Assessment Training** based on Safety Assessment & Intervention, a proven, Know the Signs program of Sandy Hook Promise for school personnel and students statewide. Ohio SAI Trainings has over 20 scheduled dates for the 2019-2020 school year; the closest dates are for **February 10, 24, 25, 26, and 27 & March 2, 10, 11, 17-19, 25-27, and 30-31**. More information and registration can be found at the [Ohio Department of Education's website](#).

## CONFERENCE

**Save the Date for the 2020 Trauma-Informed Care Summit** that will take place on **May 19—20**. The Ohio Departments of Mental Health and Addiction Services and Development Disabilities will host the 7th Annual Trauma-Informed Care Summit at the Residence Inn by Marriott Columbus. The summit will include a day-long preconference on **May 18** featuring 8 learning communities. Register opens in February.

## TRAINING

The ADAMHS Board of Cuyahoga County is hosting its winter training **Differential Diagnosing: Culture, Access & Assessments** on **Tuesday, February 18th in Cleveland**. This training will build clinical skills to effectively engage with clients, assess symptoms, and engage in differential diagnosing that is client-centered and responsive.

## CONFERENCE

Ohio Recovery Housing, with support from Ohio MHAS, will host its 7th Annual Best Practice Conference will take place on March 30—April 1. at Embassy Suites in Dublin, Ohio. One of the most challenging issues that recovery housing operators face is preventing and addressing potential relapse in recovery housing. Click [HERE](#) to register.

## TRAINING

The Great Lakes ATTC, MHTTC, and PTTC are looking forward to another great year of supporting the behavioral health workforce in HHS Region 5! They are planning a great line-up of online and face-to-face training and technical assistance options for you to access. One of those trainings being for school-based mental health professional, in the [Great Lakes region Second Step Leadership Institute](#). The one-day training is followed by a year of support and peer networking. The event will take place later this year in Minneapolis. Check out the [Great Lakes ATTC](#), [MHTTC](#), and [PTTC](#) website for more information on their trainings.

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