

MENTAL HEALTH NEWSLETTER

December 2019

Featured Story

The Ohio Commission on Hispanic/Latino Affairs held its annual Ohio Latino Education Summit on November 8th at Kent State University. This year's topic was Inspiring Resilience: Equity, Partnerships, and Quality Schools, with over 16 sessions throughout the day. 2 of the sessions were based around dealing with trauma and mental health.

The morning session was on the *Impact of Collective Trauma on Youth* where Kim Kehl, Dr. Cassie Storlie, Dr. Evelyn Rivera, and Marsha Mitchell-Blanks used Ecological Systems Theory to frame their presentation. The afternoon session was on *Supporting Our Youth's Mental Well-Being* where Dr. Karla Anhalt and Dr. Jennifer Walton-Fisette explored best practices and programs that focus on mental health, wellbeing, after school, and support programs for youth and families. Both sessions were very well received and attended. To learn more about these presentations or the summit visit [our website](#).

TRAINING

Mental Health America is proud to introduce the [Bell Seal for Workplace Mental Health](#), a certification program that recognizes employers who are committed to creating mentally healthy workplaces. To be certified for the full 2020 calendar year submit your application by 5pm on December 18th. [Apply here](#).

CONFERENCE

The Counseling Services at Columbus State Community College is hosting **Eating Disorders and Suicide: What Professionals Need to Know** conference on [Thursday, December 12th](#). All attendees will receive a certificate of completion and CE Credits are available.

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TRAINING

The Ohio Department of Education has partnered with Sandy Hook Promise to offer at no cost to districts the **Stop School Violence: Threat Assessment Training** based on Safety Assessment & Intervention, a proven, Know the Signs program of Sandy Hook Promise for school personnel and students statewide. Ohio SAI Trainings has over 20 scheduled dates for the 2019-2020 school year; the closest dates are for **December 16, 18, 19 & 20 and January 22**. More information and registration can be found at the [Ohio Department of Education's website](#).

CONFERENCE

The Ohio Suicide Prevention Foundation (OSPF) will host its latest Advocacy in Action webinar on **Wednesday, December 4th at noon**. Join OSPF Executive Director, Tony Coder and Director of Community Engagement, Michelle Price as they provide an update on advocacy for suicide prevention in Ohio. Register [HERE](#).

TRAINING

The Ohio Mental Health & Addiction Services is offering the Mental Health 101 training opportunity on **Tuesday, January 7th in Columbus** designed to educate family, providers, and staff new to mental illnesses. The training is **FREE** & the deadline to register is Monday, January 6th at 8:00 am.

GRANT

[Attorney General Dave Yost's office](#) announces \$10 million in grants for school safety initiatives. Ohio's schools have until **December 13th** to apply for their share. School leaders have the flexibility to decide how grant funds can best benefit school safety and security efforts including **training to identify and assist students with mental health issues**. For application click [HERE](#).

TRAINING

Open Arms Counseling is hosting the **Addressing Burnout Culturally and Holistically** training which is designed to help clinicians be more productive in their professional and personal lives. The **Friday, January 10th** training will identify types of burnout, how culture affects burnouts and different techniques to reduce burnout to become a more productive counselor. This training is approved for 6.5 hours of CEU's for Counselors by the Ohio CSWMFT Board. [Register here](#).

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