



**Janeen León, MS, RDN, LD** is a registered dietitian, program evaluator and researcher at MetroHealth with a strong interest in promoting healthy lifestyles for children and families. A weight management coach for all ages, she focuses on simple, tailored, achievable goals for her patients.

Janeen has served as a program evaluator for the MetroHealth Pediatric Weight Management and Wellness Program for the past four years. Her decision to marry a Puerto Rican has been her most valuable "tool" in learning about the wonderful foods and culture enjoyed by many of the families she serves.